



## Editorial: Short takes

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• **ACTIVITIES** available this summer at the Columbus Federation of Settlements' seven community centers are helping residents of their neighborhoods improve fitness and health. These programs can get children on their feet and outdoors, away from sedentary pursuits such as playing video games and watching television.

St. Stephen's Community House is among the centers that set up bike racks and a free bike-lending program that has proved popular among children, who have demonstrated that they can take care of borrowed equipment. And the teens who staff the bike garages are getting useful work experience. Some of the settlement houses also provide bike-repair programs that can help ensure that those who already own bicycles can keep on pedaling.

Gladden Community House offers sports equipment, and the Neighborhood House has added a playground. Many of the centers have planted community gardens, where young and old can tend fruits and vegetables and enjoy the harvest of fresh produce.

Hats off to the Community Health Funders' Collaborative, which contributed \$92,000 to establish these programs. The collaborative is a partnership of the Columbus Medical Association Foundation, **Osteopathic Heritage Foundations**, Columbus Foundation and the United Way of Central Ohio in efforts to reduce obesity and promote good health.